

MD Program Students Human Blood or Body Fluid Exposure Protocol

Office of Accountability:	Dean, Faculty of Medicine & Dentistry
Office of Administrative Responsibility:	MD Program
Approver:	MD Curriculum & Program Committee
Scope:	Compliance with this protocol extends to all members of the MD Program.

PROTOCOL

In the event of human blood/body fluid exposure (HBBFE):

1. Immediately remove contaminated gloves, clothes, etc.
2. For sharps injury, allow the wound to bleed freely for 1-2 minutes. Immediately wash well with soap and water or alcohol based hand rub. Cover area with dry dressing.
3. For mucous membrane (eyes, nose, mouth, etc.), immediately flush the area well with large amounts of water for 10-15 minutes.
4. For skin exposure, immediately wash well with soap and water or alcohol based hand rub.
5. Seek medical attention as needed.
6. Report immediately to supervisor and charge nurse and ensure Source Risk Assessment is completed by supervisor or charge nurse.
7. Follow facility specific reporting protocols as directed by your supervisor or charge nurse. For more information see Related Links section below for facility-specific protocol or visit the [EHS website](#).
8. For FoMD students participating in international academic experiences refer to the [2001 Guidelines for the Management of Blood or Body Fluid Exposure During International Academic Experiences](#) By University of Alberta Health Sciences Students and Faculty.
9. For all incidents, in Canada or abroad, report to Environment, Health and Safety (EHS) within 48 hours online by filling out the [University of Alberta Incident Report](#) or call 780-492-0144 or email ehs.info@ualberta.ca for assistance completing the form. Copy this form and immediately submit it to your faculty office. MD program students must preferably email their form to UME.HBBFE@ualberta.ca or alternatively fax to 780-492-9531.
10. For all incidents in Canada or abroad, complete and print the [Alberta Workers Compensation Report](#) (WCB) within 48 hours of the injury and submit to your faculty office and to the University of Alberta Human Resources attention WCB Administration at fax number 780-492-0798. MD program students must email their form to UME.HBBFE@ualberta.ca or if necessary fax to 780-492-9531.
11. Continue follow up as required at the the [University Health Centre](#) at 780-492-2612 or a family physician.
12. For all medical care expenses present your provincial health care card and any additional personal insurance policy information to the healthcare provider at time of treatment.



For additional help, the student can contact:

- Office of Advocacy & Wellbeing – 780-492-3092
- MD Program students can also contact the Physicians & Family Support Program available 24/7 through the Alberta Medical Association – 1-877-767-4637

DEFINITIONS

There are no definitions for this protocol.

RELATED LINKS

[Alberta Health Services \(AHS\) Facilities \(University Hospital, Royal Alexandra Hospital, Glenrose Hospital, Sturgeon Hospital, Community Health, Home Care, etc.\)](#)

[Community Placements](#)

[Covenant Health Facilities \(Grey Nuns Hospital, Misericordia Hospital, Edmonton General Hospital\)](#)

APPROVER	STATUS	DATE
MD Program Curriculum & Program Committee	Approved	23 August 2016
Dr. Tracey Hillier, Associate Dean	minor edits for consistent formatting, updating links, and change Learner Advocacy & Wellness to Office of Advocacy & Wellbeing (OAW)	15 June 2020
MD Curriculum & Program Committee (MDCPC)	Approved with updated links and editorial changes	21 October 2021