

## **BACHELOR OF ARTS (BA)**

# **PSYCHOLOGY**

Psychology is the scientific study of the brain and behavior. Psychologists explore phenomena such as cognition, learning and behaviour, emotion, language, memory, development, cognitive neuroscience, and sociocultural psychology, among many others.

## OFFERS COURSES IN...

- Cognitive neuroscience
- Cognitive psychology & memory
- Lifespan developmental psychology
- · Social & cultural psychology
- Learning & behavioural psychology
- Clinical psychology
- Human factors
- Psychometrics & quantitative psychology
- Cognitive impairment & brain injury
- Leadership & organizational psychology

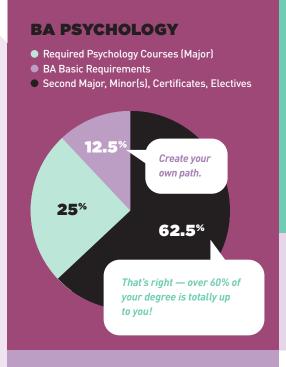
## WHAT CAN I DO WITH A PSYCHOLOGY DEGREE?

I COULD WORK IN AREAS SUCH AS... mental health, research and data analysis, academia, child and youth care, education, court and trial systems, human resources, community development, business, marketing and communications.

OR WORK IN... public sector, private sector, non-profit, research, marketing, advertising, or law.

## TOP 5 REASONS TO STUDY PSYCHOLOGY

- 1 Choose from diverse courses to create your own unique path of study, based on areas of Psychology that intrigue and inspire you!
- 2 Gain hands-on research experience in Individual Research/Study Courses, done under the mentorship of faculty members, while completing degree requirements.
- Attend events hosted by the
   Undergraduate Psychology Association
  (UPA), dedicated to providing a
   welcoming experience.
- Add a Research Certificate in Psychology to your Arts degree by completing coursework in research methodology and data management.
- Gain professional experience, make connections, and explore work options in a full-time, paid Arts Work Experience.



#### **ENHANCE YOUR DEGREE**

#### **ADD A CERTIFICATE IN:**

Research Certificate in Arts, International Learning, Engaged Leadership and Citizenship in Arts & Science, Ethics, Community Engagement and Service-Learning, Computer Game Development, Applied Social Science Research.

#### PARTICIPATE IN EXPERIENTIAL LEARNING:

Arts Work Experience, Community Service-Learning, Study Abroad.

## COURSE REQUIREMENTS FOR YOUR MAJOR

Complete your major requirements and test out different classes. *Design your academic* plan — you're in control!

#### **MAJOR COURSE REQUIREMENTS:**

A major in psychology requires the completion of a minimum of 10 psychology courses, to a maximum of 16.

- PSYCO 104 Basic Psychological Processes
- PSYCO 105 Individual and Social Behavior
- STAT 151 Intro to Applied Statistics I
- One of CMPUT, MATH, or STAT (not including STAT 141 or STAT 151)
- Two of PSYCO 223 Lifespan Development, PSYCO 239 - Abnormal, or PSYCO 241 -Social
- Two of PSYCO 258 Cognitive, PSYCO 275 - Brain and Behavior, or PSYCO 282 -Behavior Modification

300-level and 400-level courses will be from both Arts and Science.

To verify your Major and BA Common Requirements, check the University Calendar and speak to an advisor.

#### STUDENT SUPPORTS

These are services that enable you to pursue academic and personal success.

Academic advising

Student Ombuds

Indigenous
 Student supports

Academic support

Health & Wellness

Campus Food Bank

• Libraries

International Student supports Accessibility

Resources

Financial Aid
 & Awards

Professional

Fiblession

& Career

Development

Mental Health

Supports

#### **WE ARE ALL TREATY PEOPLE**

The University of Alberta respectfully acknowledges that we are situated on Treaty 6 territory, traditional lands of First Nations and Métis people.

#### **DEPARTMENT CONTACT INFO:**

OFFICE: P-217 Biological Sciences Building

PHONE: 780-492-5216

EMAIL: psydept@ualberta.ca

WEBSITE: ualberta.ca/psychology

#### **FOLLOW US**

BLOG: medium.com/ualberta-arts-insider

YOUTUBE: UAlbertaArts
INSTAGRAM: ualberta\_arts
FACEBOOK: UofAArts
TWITTER: Psych\_UAlberta

### **BA PSYCHOLOGY**

# DEGREE **GUIDE**

Your University experience is about what happens inside and outside of the classroom. This map is a tool to help you complement your academics with hands-on learning outside of the classroom and take advantage of student activities. Each new step will help you explore your options, take measured risks, and inform your next step. Being informed and engaged leads to a richer journey throughout your degree and beyond!

### **LEGEND**



**GLOBAL PERSPECTIVE** 



**GAIN EXPERIENCE** 



**SEEK OUT CONNECTIONS** 



NAVIGATE COURSES







Test your career options: volunteer on or off campus, or get a summer or part-time job.





resources, such as Centre for Writers, Financial Aid, tutors, Academic Success Centre, and Accessibility Resources.



Service-Learning course.

#### **EARLY DEGREE**

Expand your career options, be proactive, and test possibilities. Join a student group.



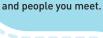
Get involved with one of the cultural clubs on campus or volunteer with University of Alberta International.



Learn more about Indigenous peoples, perspectives, and worldviews.



Add research or creative activities to your degree with the Undergraduate Research Initiative, or apply into BA Honors.



(4)

Discover the study abroad options through University of Alberta International.

**MID-DEGREE** 

things, ask for and offer

help to people you know

Take risks, try new





Apply to Arts Work Experience to strengthen your technical and transferable skills and gain paid, professional experience before you graduate.



Get an inside look at professional life in the Job Shadow Week program.



Participate in the World's Challenge competition.





Ready to toss your cap in the air? Apply to graduate!



Develop and revise your career story based on your values, interests, and what you learn.



Let the Career Centre support you in communicating your skills to prepare for your next step graduate studies, professional programs, or employment.



Ask a professor to be an academic reference.



